



Herbed Cottage Cheese

Equipment

Measuring spoons
Knife and cutting board
Mixing bowl
Kitchen spoon
Juicer

What to do

Task 1 : Prepare the ingredients

Wash and finely chop the herbs. Zest and juice the lemon.

Task 2 : Combine and serve

Blend cottage cheese, lemon zest and juice, and water in a blender, scraping down sides occasionally, until very smooth, about 2 minutes. Stir in parsley, chives, salt, and pepper. Chill spread, covered, for flavours to develop.

Serve with light toasted bread and pickles.

Note: feel free to add any other tasty herbs you find in the garden, like mint or lemon thyme!

Ingredients

1 cup cottage cheese
zest and juice of ½ lemon
1 tbsp water
3 tbsp flat-leaf parsley
3 tbsp chives
1/4 tsp salt
1/4 tsp black pepper



Source: <http://www.jamieoliver.com>