

Waldorf Salad Equipment

Measuring cups & spoons

Chopping board and knife

Juicer and peeler

Whisk

Mixing bowl

Serving plate

Ingredients

3 stems celery

2 sweet apples

1/2 cup walnuts

1/2 cup seedless red grapes

1/2 cup plain yoghurt

1 tbsp lemon juice

1/2 teaspoon salt

Pinch of freshly ground black

pepper

Mixed Lettuce Leaves

What to do

Task 1: Prepare the ingredients

Wash and dry the celery. Thinly slice them. Peel and core the apple and cut into small sticks. Wash and dry the grapes and half them. Lightly toast the walnuts and coarsely chop them.

Task 2: Mix the dressing

In a medium sized bowl, whisk together the yoghurt, lemon juice, salt and pepper.

Task 3: Combine and serve

Add the apple, celery, grapes, and walnuts to the dressing and give it a good stir. Serve on a bed of mixed fresh lettuce leaves

