

## CARROT MUG CAKE

- 1/4 cup flour
- 2 tbsp brown sugar
- 1/4 tsp cinnamon
- 1/8 tsp nutmeg
- 1 tbsp butter, melted
- 2 tbsp carrots, shredded
- 1/4 tsp baking powder
- 1/4 cup milk

## INSTRUCTIONS

- In a small bowl (or straight inside the mug), combine all ingredients in and stir until there are no lumps.
- 2. Microwave for 1-1.5 minutes or until baked through.
- 3. Top with cream or ice-cream (optional)

 Taste review:
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**Comment:** 

Cooking review: (



Comment:

